

New Cylinder/Engine Break-in Procedure

- Use Mineral Oil, or normal non-synthetic operating oil (ie Shell 100 or Mobil XC 20-50) with no additives. Do not use mineral oil in turbo-charged engines, to avoid coking.

- Follow manufacturer/supplier directions for break-in. If not available, the following general guidelines may be used.

- 1. Run for 1 minute at 1000 rpm.**
 - a. Check for oil pressure and other normal indications.
 - b. Do mag check. (Do not cycle prop.)
 - c. Check minimum idle speed.
 - d. Shut down, note idle mixture by slight (50 rpm) rise.
 - e. Check for leaks.
 - f. Make adjustments as needed.
 - g. Let engine cool down completely.

- 2. Run for 2 minutes at 1000 rpm.**
 - a. Check for oil pressure and other normal indications.
 - b. Do mag check. (Do not cycle prop.)
 - c. Do low and high boost pump pressure check.
 - d. Check minimum idle speed.
 - e. Shut down, note idle mixture by slight (50 rpm) rise.
 - f. Check for leaks.
 - g. Make adjustments as needed.
 - h. Let engine cool down completely.

- 3. Run at 1000 rpm until oil temp is stable or at 140°F (60 °C) then 1500 rpm for 5 minutes.**
 - a. Check for oil pressure and other normal indications.
 - b. Keep oil temp below 200°F and cylinder head temps below 400°F.
 - c. Do minimum prop cycle (100 rpm drop) just to get oil in governor and check for functionality.
 - d. Check minimum idle speed.
 - e. Shut down, note idle mixture by slight (50 rpm) rise.
 - f. Check for leaks.
 - g. Make adjustments as needed.
 - h. Let engine cool down completely.

- 4. Run at 1000 rpm until oil temp is stable or at 140°F (60 °C) then 1500 rpm for 15 minutes, then higher rpm as noted below for 10 seconds.**
 - a. Check for oil pressure and other normal indications.
 - b. Keep oil temp below 200°F and cylinder head temps below 400°F.
 - c. After 15 minutes, increase throttle to 1800 rpm and do mag check.
 - d. Do minimum prop cycle (100 rpm drop) to check for functionality.
 - e. If temps are OK, increase to full power (non-turbo) or 30 inches manifold pressure (turbo) for 10 seconds. Slowly decrease rpm to idle and let engine stabilize.
 - f. Check minimum idle speed.
 - g. Shut down, note idle mixture by slight (50 rpm) rise.
 - h. Check for leaks.
 - i. Make adjustments as needed.
 - j. Let engine cool down completely.

5. Full power high-speed taxi test.

- a. Start and warm up engine using normal technique.
- b. Do mag check using normal technique.
- c. Do minimum (100 rpm drop) prop check at normal rpm.
- d. Slowly advance power to full throttle (but not above red-line) for a few seconds, long enough to check max rpm, fuel pressure/fuel flow, manifold pressure.
- e. Cool/stabilize engine at normal low rpm.
- f. Shut down.
- g. Make adjustments as needed.
- h. Let engine cool down completely.

6. Repeat full-power high-speed taxi tests until adjustments are correct.

7. Flight test #1 (30 minutes).

- a. Start and warm up engine per POH, but do minimum (100 rpm) prop cycle checks.
- b. Minimize ground/taxi time to minimize heating, but allow engine to warm up sufficiently.
- c. Take off with full power in accordance with POH.
- d. ASAP decrease engine speed to climb power per POH. Keep mixture richer than normal.
- e. Do shallow climb (300 fpm, to maximize cooling air flow) to suitable altitude above/near airport (3-5000 ft max.). Watch, control temps.
- f. Level-off, reduce throttle to 75% power (65% for turbo). Keep prop rpm higher than normal, but within green limit. Keep cowl flaps open.
- g. Set mixture to 100-125 °F rich of peak (or richer depending on other indicators).
- h. Maintain flight near or circle airport, cycle rpm every 5 minutes in increments of 100 rpm within recommended cruise rpm range.
- i. Close cowl flaps for descent, unless temps are high.
- j. Descend at normal/high cruise descent power at 300-500 fpm, keeping manifold pressure as high as possible (18"-23") to prevent piston flutter.
- k. Land, open cowl flaps, avoid over-heating on ground.
- l. Shut down, inspect engine.

8. Flight test #2 (2 hours).

- a. Start and warm up engine per POH, but do minimum (100 rpm) prop cycle checks.
- b. Minimize ground/taxi time to minimize heating, but allow engine to warm up sufficiently.
- c. Take off with full power in accordance with POH.
- d. ASAP decrease engine speed to climb power per POH. Keep mixture richer than normal. Every 5 minutes during climb, slowly advance throttle to full power then return to cruise climb power. Watch, control temps.
- e. Do shallow climb (300 fpm, to maximize cooling air flow) to suitable cruise altitude (3-5000 ft max.).
- f. Level-off, reduce throttle to 75% power (also 75% for turbo). Keep prop rpm higher than normal, but within green limit. Keep cowl flaps open.
- g. Set mixture to 100-125 °F rich of peak (or richer depending on other indicators).
- h. For first hour, maintain 75% power, cycle rpm every 5 minutes in increments of 100 rpm within recommended cruise rpm range.

- i. For second hour, set normal 50-100 °F rich of peak mixture, alternate between 65% and 75% power every 15 minutes and cycle rpm every 5 minutes in increments of 100 rpm within recommended cruise rpm range.
 - j. Close cowl flaps for descent, unless temps are high.
 - k. Descend at normal/high cruise descent power at 300-500 fpm, keeping manifold pressure as high as possible (18"-23") to prevent piston flutter.
 - l. Land, open cowl flaps, avoid over-heating on ground.
 - m. Shut down, inspect engine.
- 9. Further break-in.**
- a. Most break-in wear should now be complete, with reduced heat indications and reduced oil consumption observed.
 - b. It may take 25-50 total hours to fully break in a new engine or cylinders. During this period, opt for lower altitude flights and higher-power settings, rather than high altitude flight and lower-power settings, to keep cylinder pressures high, ring seating pressures high, and to reduce piston flutter.
 - c. Change the engine oil after 25 hours of break-in time.

References:

- 1. Lycoming Service Instruction No. 1427C. Dec.29, 2010.**
<http://www.lycoming.com/Portals/0/techpublications/serviceinstructions/SI%201427C%20%2812-29-2010%29/Lycoming%20Reciprocating%20engine%20Break-In%20and%20Oil%20Consumption.pdf>
- 2. Teledyne Continental Service Bulletin MR89-7R1 Aug. 4, 1989.**
<http://www.tcmlink.com/pdf2/m89-7r1.pdf>
- 3. Teledyne Continental Motors Engine Break-in.**
<http://www.tcmlink.com/visitors/carenfeed/brkin.pdf>
- 4. ECI Engine Break-in Instructions and Oil Management. Oct. 9, 2007.**
<http://www.eci.aero/pdf/BreakInInstructions.pdf>
- 5. RAM Aircraft Replacement Cylinder Break-in Flight Procedures.**
<http://www.ramaircraft.com/Maintenance-Tips/Replacement-Cylinders-Break-In-Flight.htm>
- 6. Penn Yan Aero Break-in Instructions for Overhauled Engines.**
<http://www.pennyanaero.com/break-in-instructions.asp>
- 7. Proper Engine Break-in. John Frank, CPA Magazine. June 16, 1996.**
<http://www.avweb.com/news/maint/182895-1.html?redirected=1>
- 8. Engine Break-in Advice. Kim Santerre, Light Plane Maintenance. May 2008.**